

MHT 124: Psychosocial Rehabilitation

Lesson 6: Principles of PSR

CASE STUDY

Anne is a 27 year old woman with severe mental illness living in Augusta, ME. She has spent much of the last 8 years in and out of psychiatric hospitals. In between hospitalizations she has been living with her parents. She is about to be discharged from the hospital and the family has communicated that while they want to remain involved in her life, Anne cannot move back into the home.

Anne states she would like to live in her own apartment but has very few practical skills on how to manage her life outside her parent's home.

She receives a Social Security check, SSI, Medicaid, but has not applied for Food Stamps or Subsidized Housing services.

Anne carries a diagnosis of depression with occasional ideations of suicide.

For the purposes of this assignment I want you to make some presumptions about the details of Anne's life that are beyond the description here. Consider which skill areas you would look at, which services you might refer her too...take some creative license to "fill in the blanks" based on what you know is typical in this field of work.